



Minnesota's Oldest Celebration

2024 Stiftungsfest 5K & Kids 1/2 Mile

LEGION POOL PARK
Norwood Young America, MN

Sunday, Aug. 25, 2024

8 AM

5K

\$30.00 (pre-register)
\$30.00 (race day)

Start and Finish at the Legion Park
(former Pool Park - SW NYA on Reform St)

A loop course with 2 or 3 challenging hills
on paved trails and streets of NYA

Kids

1/2 Mile

Fun Run

8:45 AM

\$15.00 (pre-register)
\$15.00 (race day)

Kids race will start immediately after the last
5K runners/walkers have finished.

All participants will receive a T-shirt and a
Participation Medal!

More Information Provided on Reverse

Thank You to Our
Corporate Sponsors!



Additional 5K Info

- Splits at the 1 and 2 mile marks
- Water at the 1.5 mile mark
- Refreshments at the finish line!

5K Awards include Place Medal and \$5

Top 3 Males and Females in each Category

14 and under	30-39	50-59
15-18	40-49	60+
19-29		

Tshirts for first

200

participants!

Thanks to each of our sponsors!

Kids Participation Medals Provided by NYA Dairy Queen

Finish Line Refreshments Provided by KWIK TRIP

Mile Marker Sponsors

Snap Fitness of NYA • Sacred Health

Schmidt Chiropractic, PA • Southwest Eye Care

Registration Form - 2024 Stiftungsfest Fun Run/Walk

Name _____ 5K ½ Mile Kids Run

Address _____

City _____ State _____ Zip _____

Phone _____ Emergency Phone _____

Age _____ Sex: **M** **F** T-Shirt Size: Adult **S** **M** **L** **XL** Child **M** **L** (circle one)

I know running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running/walking these events including but not limited to falls, contact with other participants, or with traffic. I therefore covenant not to sue, and waive and release any and all right and claims of every nature, whatsoever, that I may have or that may arise in connection with my participation in the event against the sponsors of Stiftungsfest Inc., and any organization or individuals associated with this event.

Signature: _____

Parents must sign if runner is under 18.

Email Address: _____

Checks Payable to: 2023 Stiftungsfest

Mail to: Stiftungsfest 5K Run/Walk

c/o Mark Lagergren

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