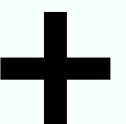
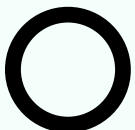


STIFTUNGSFEST 5K FUN RUN & KIDS HALF MILE

**Sunday, August 28th at Legion Pool Park
A loop course with 2 or 3 challenging hills
on paved trails and streets of NYA**

**5K starts at 8AM with the Kids Race following at 8:45 AM
Registration: \$25 for 5K and \$15 for Kids Half Mile Race
T-shirts for the first 200 registrations and medals for top 3
runners in each age group for male and female runners.
Medals and t-shirts for all participants in Kids' Race.**

Registration mailed to:
Stiftungsfest 5K Run/Walk
Mark Lagergren
513 Devonshire drive
NYA MN 55397



Thank you to our corporate sponsors:

Lions Club and Ridgeview Sports Medicine

Thank you to our mile marker sponsors:

Hilgers Plumbing, Heating and AC, Inc. • Sacred Health Schmidt

Chiropractic, PA • Southwest Eye Care • Snap Fitness of NYA

Thank you for our supplies:

Kwik Trip for the finish line refreshments and

NYA Dairy Queen for the kids participation medals



Minnesota's Oldest Celebration

REGISTRATION FORM

Name _____ Race: 5K or Kids

Address _____

City, State, Zip _____

Phone Number _____

Email Address _____

Age _____ Gender (circle one) Male Female

T-shirt Size (circle one): YouthM YouthL S M L XL

I know running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running/walking these events including but not limited to falls, contact with other participants, or with traffic. I therefore covenant not to sue, and waive and release any and all right and claims of every nature, whatsoever, that I may have or that may arise in connection with my participation in the event against the sponsors of Stiftungsfest Inc., and any organization or individuals associated with this event.

Signature _____