

# 2022 Stiftungsfest 5K & Kids 1/2 Mile

**LEGION POOL PARK**  
**Norwood Young America, MN**

**Sunday, Aug. 28, 2022**



Minnesota's Oldest Celebration

**8 AM**

**5K**

\$25.00 (pre-register)  
\$25.00 (race day)

Start and Finish at the Legion Park  
(former Pool Park - SW NYA on Reform St)

A loop course with 2 or 3 challenging hills  
on paved trails and streets of NYA

**Kids**

**1/2 Mile**

**Fun Run**

**8:45 AM**

\$15.00 (pre-register)  
\$15.00 (race day)

Kids race will start immediately after the last  
5K runners/walkers have finished.

All participants will receive a T-shirt and a  
*Participation Medal!*

*More Information Provided on Reverse*

Thank You to Our  
Corporate Sponsors!



## Additional 5K Info

- Splits at the 1 and 2 mile marks
- Water at the 1.5 mile mark
- Refreshments at the finish line!

## 5K Awards

Top 3 Males and Females in each Category

14 and under	30-39	50-59
15-18	40-49	60+
19-29		

# Guaranteed t-shirts

# for first 200

# registrations

### Thanks to each of our sponsors!

Kids Participation Medals Provided by NYA Dairy Queen

Finish Line Refreshments Provided by KWIK TRIP

### Mile Marker Sponsors

Hilgers Plumbing, Heating and AC, Inc. • Sacred Health

Schmidt Chiropractic, PA • Southwest Eye Care • Snap Fitness of NYA

## Registration Form - 2022 Stiftungsfest Fun Run/Walk

Name \_\_\_\_\_  5K  ½ Mile Kids Run  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
Age \_\_\_\_\_ Sex: **M** **F** T-Shirt Size: Adult **S** **M** **L** **XL** Child **M** **L** (circle one)

I know running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running/walking these events including but not limited to falls, contact with other participants, or with traffic. I therefore covenant not to sue, and waive and release any and all right and claims of every nature, whatsoever, that I may have or that may arise in connection with my participation in the event against the sponsors of Stiftungsfest Inc., and any organization or individuals associated with this event.

Signature: \_\_\_\_\_

*Parents must sign if runner is under 18.*

Email Address: \_\_\_\_\_

Checks Payable to: 2022 Stiftungsfest

Mail to: Stiftungsfest 5K Run/Walk

c/o Mark Lagergren

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