

# 2021 Stiftungsfest 5K & Kids 1/2 Mile



LEGION POOL PARK  
Norwood Young America, MN

Sunday, Aug. 29, 2021

## 5K

### 8 AM

\$20.00 (by Aug 15)  
\$25.00 (race day)

Start and Finish at the Legion Park  
(former Pool Park - SW NYA on Reform St)

A loop course with 2 or 3 challenging hills  
on paved trails and streets of NYA

### Kids

### 1/2 Mile

### Fun Run

### 8:45 AM

\$10.00 (by Aug 15)  
\$15.00 (race day)

Kids race will start immediately after the last  
5K runners/walkers have finished.

All participants will receive a T-shirt and a  
**Participation Medal!**

*More Information Provided on Reverse*

Thank You to Our  
Corporate Sponsors!



## Additional 5K Info

*T-Shirts for the first*

- Splits at the 1 and 2 mile marks
- Water at the 1.5 mile mark
- Refreshments at the finish line!

## 5K Awards

*Top 3 Males and Females in each Category*

14 and under	30-39	50-59
15-18	40-49	60+
19-29		

# 200

*participants!*

### Thanks to each of our sponsors!

Kids Participation Medals Provided by NYA Dairy Queen

Finish Line Refreshments Provided by KWIK TRIP

#### Mile Marker Sponsors

Hilgers Plumbing, Heating and AC, Inc. • Sacred Health

Schmidt Chiropractic, PA • Southwest Eye Care • Snap Fitness of NYA

## Registration Form - 2021 Stiftungsfest Fun Run/Walk

Name \_\_\_\_\_  5K  ½ Mile Kids Run

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Age \_\_\_\_\_ Sex: **M** **F** T-Shirt Size: Adult **S** **M** **L** **XL** Child **M** **L** (circle one)

I know running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks associated with running/walking these events including but not limited to falls, contact with other participants, or with traffic. I therefore covenant not to sue, and waive and release any and all right and claims of every nature, whatsoever, that I may have or that may arise in connection with my participation in the event against the sponsors of Stiftungsfest Inc., and any organization or individuals associated with this event.

Signature (required) \_\_\_\_\_

Parents must sign if participant is under 18 years of age.

Email Address: \_\_\_\_\_

Checks payable to: 2021 Stiftungsfest 5K

Mail to: Stiftungsfest 5K  
c/o Mark Lagergren  
513 Devonshire Drive  
Norwood Young America MN 55397